

Early Relational Health Summit 2026



Save the date for the Illinois Chapter, American Academy of Pediatrics (ICAAP) Reach Out and Read program's newest in-person conference opportunity focused on Early Relational Health. We will hear from experts, learn together and network....more to come!

March 4 - 5, 2026

Northern Illinois University Naperville, IL



What is Early Relational Health? Early Relational Health is the state of well-being that grows from emotional connection between babies and toddlers and their parents and caregivers when they experience strong, positive, and nurturing relationships with each other. This is foundational to children's healthy growth and development and their parents' and caregivers' sense of competence, connection, and overall well-being. These strong and enduring relationships also help to protect the family from the harmful effects of stress. Attendees will learn about maximizing the potential of pediatric primary care to promote the positive interactions that foster healthy development during the critical early years of a child's life.



*If you are interested in getting more involved, **please contact Cindy Ogrin, cogrin@illinoisAAP.com.***

